

WORLD HISTORY gen-only

RETURN: CHINA

• READINGS⁷

• QUESTION SHEETS

• ANSWER SHEETS

ASSIGNMENT ^{NEW}:

CHINA: FENG SHUI

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~~SKETCH CHINA~~

READING #15 • FENG SHUI IN THE VALLEY NEWS

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• Dia → FIRST DAY BACK !!

Imagine for a minute that you want a new look for your home or that you have just purchased a home and decide to solicit decorating advice. Suppose you are told that you should have only an even number of chairs at the dining room table or that your oven must face the east and southeast of the kitchen. You might be advised to change your straight walkway to the front door into a curved one to avoid bad luck. These suggestions may seem to have nothing to do with decorating, but if you have chosen to decorate using feng shui, then this is likely the advice you will receive.

IS FENG SHUI JUST A NEW WAY TO DECORATE?

Feng shui (pronounced "fung shway") has come to the United States and other Western countries riding on the wave of interest, since the 1960s, in all things Eastern. Donald Trump uses feng shui, as does Merrill Lynch.¹ At the Whitney Museum of American Art's biennial exhibit, an artist selling two stone lions chose the buyer based on applications that explained potential buyers' feng shui problems.²

Feng shui is used on a regular basis in China, Tibet, Korea, Japan, Singapore, Thailand, Vietnam, Malaysia, and the Philippines,³ and increasingly by those from Asian cultures living in the West. In early 2001, Hong Kong billionaire businessman Eric Hotung decided to sell the house he had bought for \$6 million from Senator Ted Kennedy in 1997 because he thought that the house "suffer[ed] from bad feng shui."⁴

Feng shui, however, is not just for the rich and famous. Business people, merchants, home builders, real estate brokers, interior designers, corporate managers, regular home buyers, and others are paying high fees for feng shui consultants.⁵ In addition to an increasing number of books that reveal its popularity, an Internet search discloses the existence of the International Feng Shui Guild, the Feng Shui Society, The American Feng Shui Institute, the Feng Shui Network, and various courses on feng shui offered through Web sites and universities.

What is feng shui? Many believe it to be just another decorating concept. One Web site promoting feng shui says it is "about balance, comfort and harmony. Feng shui

is not a religion or a mystical belief. Rather, it is a science that offers the ability to create a balance in your dwelling or place of work."⁶ One "how to" book says, "This Chinese art of harmonious placement is largely common sense and good design."⁷ Beneath the veneer of this ancient art, however, are concepts that go far beyond common sense decorating advice.

Feng ("wind") shui ("water") originated within the context of Chinese Taoism. It is an intricate system designed to harness the flow of an invisible universal force called *chi* (pronounced "chee," also spelled *qi*, *ki*, or *ch'i*) in order to maximize its benefits. The *chi* in one's physical surroundings, in concert with yin and yang energies and the five elements (earth, water, fire, metal, and wood), is thought to be affected by the characteristics and placement of physical objects: "The skill of a Feng Shui consultant lies in recognising where *chi* is flowing freely, where it is trapped and stagnant, or where it may be excessive. The work of an occupier is to create space for *chi* to flow and activate the opportunities that may be frustrated by obstacles."⁸

Another definition calls feng shui an "ancient and complex Chinese art that combines mysticism, science, and superstition to determine health, luck, and prosperity according to natural landscapes and the placement of dwellings, buildings, and graves.... Its fundamental concept is that in order to be healthy and prosper, one must be in harmony with the earth and receive the benefit of *ch'i*, the universal life principle, which exists in all things and flows through the earth and nature."⁹

Other definitions also indicate its basis in Taoist

The Taoist belief teaches that good health results from the harmonious flow of chi in one's body; likewise, feng shui seeks to get the chi flowing around and throughout buildings and gardens so that harmony, power, romance, and/or success will result.

philosophy: "Feng Shui is the science of divining Yin and Yang in one's immediate environment."¹⁰ Feng shui is "terrestrial divination," used to "discover how energy flows in the land and to live in harmony with it"; it is the oldest form of Taoist divination.¹¹

THE KEY IS CHI

Central to feng shui is the concept of chi, which is believed to be the force that permeates every aspect of the universe. Chinese philosophers Lao Tzu, Confucius, Mencius, and others developed this concept between the sixth and fourth centuries B.C., which they considered to be "the source of vitality, harmony, creativity, and moral courage."¹² Also known as the dragon's breath, chi is called the "life and breath of the universe."¹³ Chi is similar to *prana* (the divine breath in Hindu philosophy) in India, an energy "upon which all things depend for health and life."¹⁴

This energy is also known as bioenergy, vital energy, vital force, universal life force, the creative force, and the life force. "Just as acupuncture, chakra balancing or shiatsu massage can adjust the flow of energy in the body, so can feng shui adjust the flow of energy around us."¹⁵ The chi must flow "not too quickly and not too slowly" and will stagnate or become destructive if it is blocked.¹⁶ The Taoist belief teaches that good health results from the harmonious flow of chi in one's body; likewise, feng shui seeks to get the chi flowing around and throughout buildings and gardens so that harmony, power, romance, and/or success will

result.¹⁷ The yin and yang components of chi "must be in balance" as well.¹⁸ The literal translation of yin and yang is "shade" and "light,"¹⁹ but it can also refer to other opposing but complimentary pairs such as female and male or sour and sweet.

In Chinese cosmology, the relationship between heaven, earth, and humanity is paramount. This is reflected in the various categories of chi: heaven chi, earth chi, and human chi, which are each subdivided. Human chi, for example, includes social chi and personal chi, which are each further subdivided.²⁰

Another belief about chi is that certain things can attract positive energy, *sheng chi*, which moves along curved lines, or negative energy, *sha chi*, which "strikes quickly in straight lines."²¹ Straight pathways and other designs that form a straight line are therefore to be avoided.

Universal life energy is also linked in many cultures to supernatural powers and sorcery. Tantric yoga, for example, cultivates the flow of prana in order to raise psychic powers, prana being the source of Hindu magic.²² In alchemy, this universal force is called *spiritus*; the occult kabbalah terms it *astral light*; and hypnotist Franz Mesmer called it *magnetic fluid*.²³ The chi is also claimed as the source of power for levitation and other occult feats.²⁴

BACKGROUND AND HISTORY

It is believed feng shui probably emerged in the second century B.C.²⁵ Originally used as a method of "divining"

where to dig graves, feng shui developed into a way to discover where to build homes and cities.²⁶ Buddhism absorbed feng shui soon after it migrated into China in about the first century A.D. and built its temples according to feng shui principles.²⁷ Rosemary Guiley, a writer on the occult and the paranormal, gives three roots of feng shui: the religion of Taoism; divination practices "based on patterns in nature"; and astrology, numerology, and other methods used to determine the placement of things, a crucial aspect of Chinese beliefs.²⁸ Early feng shui masters were priests and holy men who passed on its principles orally.²⁹

The Tao, the Trigrams, and Reading Patterns

Feng shui was seen as a study of "the way of heaven and earth in relation to humans" so that one can choose a life and place to live that harmonizes with our *ren tao*, which is "the way of being human."³⁰ The Taoist relationship between heaven, earth, and man is referred to as "the three gifts," which is represented graphically by eight different combinations of three parallel unbroken and broken lines called trigrams. These trigrams, which are often carved on coins, are the basis of the complex I Ching, an ancient book containing 64 hexagrams used as a tool of divination. The I Ching is based on the Taoist method of reading patterns of change in the universe.³¹ One article says, "The root of all ancient Chinese science, symbolically and energetically, balances Man, in perfect harmony between Heaven and Earth, as defined by the workings of nature and graphically represented by the trigrams."³²

The trigrams are also related to the yin and yang energies, which must be balanced in feng shui. The Tao is the state of stillness from which all things originate; from that comes the constant change (called *t'ai-chi*) and interchange between the yin and yang energies, from creation to dissolution.³³ Yin and yang, in a complex pattern, generate the trigrams or *pakua*, which are illustrations of the moving yin and yang energies.³⁴ Feng shui seems to have arisen out of a desire for harmony between the elements, nature, and man in order to prevent disaster and keep evil at bay in a world full of the unexpected.

CIV.9: CHINA, FENG SHUI

(30pts)

pgs. 14, 16, 17
col. 1

- 1.) WHAT COUNTRIES PRACTICE FENG SHUI ON A REGULAR BASIS?
- 2.) COMPLETION: THIS CHINESE ART OF ...
- 3.) WHAT DOES FENG MEAN? SHUI MEAN? CHI MEAN?
- 4.) WHAT IS CHINESE TAOISM?
- 5.) WHAT AFFECTS THE CHI IN ONE'S PHYSICAL SURROUNDINGS?
- 6.) WHAT IS NECESSARY IN ORDER TO BE HEALTHY AND PROSPER?
- 7.) COMPLETION: THE TAOIST BELIEF TEACHES THAT...
- 8.) WHAT CHINESE PHILOSOPHERS DEVELOPED THE CONCEPT OF CHI?
- 9.) WHAT IS DRAGON'S BREATH? WHAT IS PRANA?
- 10.) WHAT IS YIN? YANG?

(OVER)

11.) WHAT IS SHENG CHI? SHA CHI?

12.) WHAT IS THE RELATIONSHIP BETWEEN TANTRIC YOGA AND PRANA?

13.) DEFINE DIVINATION.

14.) WHAT ARE THE THREE GIFTS? WHAT IS I CHING?

15.) WHAT IS TAO? WHY DID FENG SHUI COME INTO EXISTENCE?

modern interpretations of feng shui, geomancy, dowsing, space clearing, and astrology.³⁷

Form and Compass Schools

Around the fourth century A.D., feng shui split into two schools, one based on landscape contours and the other based on the use of a “cosmic compass to chart astrological factors, *I Ching* hexagrams, the Five Phases, and other elements,” with further “metaphysical” elements added around the eleventh century.³⁸ The former school became known as the Form School and the latter became the Compass School.

The Form School depends on intuitive insight and emphasizes the shape and contours of the area.³⁹ The Form School might advocate that a small river should be in front of the house, that there should be an open view of the sky, and that the most used door of the dwelling should have “auspicious decors,” which are Chinese characters containing “auspicious meanings.”⁴⁰ The four mythical animals — the red bird, the black tortoise, the blue dragon, and the white tiger — are to be placed symbolically in the front and the back and to the left and the right of the desired location. This can be done with landscape shapes, colors, and/or statues. The black tortoise, for example, is ideally a hill at the back of the building.⁴¹

The intricate approach of the Compass School, based on a view of the flow of chi as well as the earth's magnetic effects and fields, uses the trigrams of the *I Ching*, which are subdivided into 64 hexagrams.⁴² The elements of the compass method are based on Chinese numerology “that identifies lucky and unlucky corners of a building according to specific numerical calculations.”⁴³ Particular colors are also associated with the compass points.⁴⁴

Lucky Corners and Magic Squares

Within the Compass School, the most popular tool is an octagonal grid called a *bagua*, which shows the eight basic directions of the compass. These directions are known as *guas* (categorized according to birth time), which can also be called the Nine Palaces (eight directions plus the center).⁴⁵ This process detects the lucky and unlucky areas of the house.⁴⁶ The eight directions include four that are positive (stimulation, success, content, calm) and four that are negative (depression, loneliness, weakness, destructiveness).⁴⁷ The eight directions also correspond to the eight trigrams. Using your birth date and time, you can generate a chart of your eight *guas* to reveal in which of the eight directions each of the positive and negative forces abide.⁴⁸

The eight directions can also be depicted in a square shape called the *Luo-shu* (or *Lo Shu*) or magic square.⁴⁹

THE TOOLS OF FENG SHUI

A feng shui consultant must take many things into account: how the chi is flowing in a house, the shape of the land and house, the directions the rooms face, the location of the rooms, the decor of the home, and the landscaping of the yard/garden.³⁵ They are also factored in with yin and yang, along with the five elements of water, earth, fire, metal, and wood.³⁶ Feng shui practice can include traditional feng shui,

According to legend, the magic square appeared on the back of a turtle 4,000 years ago.⁵⁰ The square, which is comprised of numbers that add up to 15 in any direction, became part of Taoist magical practice.⁵¹

The compass method, for example, may result in the north being "calm," the southeast "destructive," the south "weak," and the west "content."⁵² Contemporary feng shui uses names for these directions that are more palatable to the modern consumer, such as prosperity, fame, relationships, creative energy, travel and helpful people, career, knowledge, and family and health.⁵³

One feng shui book gives a formula for calculating one's *mingua* (destiny number). It determines which direction and which of the five elements are luckiest — information that can be applied in the eight directional formula.⁵⁴ What if more than one person lives in the house? Traditionally, the number of the "breadwinner" is used, although each person or breadwinner can use different areas of the house.⁵⁵ Conflicts can be modified with the use of colors and objects related to each person's element, whether it be wood, fire, earth, metal, and water.⁵⁶ Another source, however, suggests that mathematical calculations based on birth times are in order for more than one person in a residence, stating that a total of 64 combinations applies to just two people!⁵⁷

A COMPLEX TASK

Some of the advice seems to be mere common sense, such as ensuring that dining chairs are comfortable, having a warm fire in a cold room, and balancing the shapes and sizes of plants.⁵⁸ It can be difficult, however, to find much that is based only on aesthetic principles; virtually all of the advice is based on the flow of chi, or the balance of yin and yang, or the directions and elements. Here are some examples:

- The stove should be positioned toward the east and southeast of the kitchen because that is the direction for the wood element.
- Flushing the toilet with the lid open increases the chances that "your money will go, too."
- Cover your computer screen at night if it is in a bedroom so it won't "act as a mirror and disturb your spirit" in sleep.
- Hang curtains at the bottom of stairs or put a mirror on the landing to draw chi up so that chi does not flow down and out the door.
- To help chi rise up the stairs, put plants under the stairs or hang art that is "light and bright."
- Because the kitchen is the money room, cooking on all

burners with a variety of food will help bring in money.

- Use crystals to draw in chi.
- A home's front door should be simple and practical and face the sun so that it will attract "fame, fortune, and longevity."
- Don't have the foot of your bed in line with the door; the bed's head should be on the north/south axis to be "in line with the magnetic energy of the earth."
- A pointed roof (associated with fire) against a curved roof shape (associated with metal) is destructive since fire melts metal.⁵⁹

Feng shui expert Lillian Too suggests that one should use both Form and Compass methods because no matter how good the Compass method might work out, if "harmful configurations" are in the landscape, good feng shui cannot be achieved.⁶⁰ The practice of feng shui, moreover, requires "constant adaptation" because of the continual changes of "the intangible forces," whether manmade or caused by nature.⁶¹

Dangers and Remedies

Dangers to avoid include the destructive cycle of the five elements and the imbalance of yin and yang. The five elements — earth, water, fire, metal, and wood — can be in productive or destructive relationships with each other.⁶² If you are born in an earth year, for example, it is not good to have many plants since wood (which corresponds to plants) destroys earth, but having bright or red decor (corresponding to fire) is good since fire produces earth.⁶³ If the yin and yang are not balanced, "they can become fierce and threatening," creating an "obnoxious and poisonous" chi, which will bring "misfortune and ill luck" to the residents.⁶⁴

While there are medicines for an illness, there are also specialized remedies and cures for problematic chi. Mirrors are often used to deflect negative chi, and wind chimes, plants, and hexagrams are used to attract chi through more beneficial channels.⁶⁵ Convex mirrors will diffuse negative chi, for example, while a concave mirror will attract and absorb beneficial chi.⁶⁶ An exorcism ceremony called the *Tun Fu* supposedly purges a building of spirits left from previous occupants.⁶⁷

Even if you get your house in proper feng shui shape, you must consider the feng shui of the grave sites of your parents and other ancestors as crucial since feng shui also determines the luck for descendants.⁶⁸

THE BURDEN OF FENG SHUI

Following feng shui can be a tedious process resulting in

CIV.9: CHINA, FENG SHUI

(30 pts)

(BEGIN: THE TOOLS OF FENG SHUI)

pgs 17, 18

1.)-4.) WHAT 12 THINGS MUST THE FENG SHUI CONSULTANT TAKE INTO ACCOUNT?

5.) WHAT IS THE EMPHASIS OF THE FORM SCHOOL OF FENG SHUI?

6.) WHO ARE THE FOUR MYTHICAL ANIMALS? HOW CAN THESE ANIMALS BE REPRESENTED IN THE LANDSCAPES?

7.) WHAT IS THE EMPHASIS OF THE COMPASS SCHOOL OF FENG SHUI?

8.) UPON WHAT CHINESE PRACTICE ARE THE ELEMENTS OF THE COMPASS METHOD BASED?

9.) WHAT IS BAGUA? WHAT ARE GUAS?
WHAT IS THE LUO-SHU?

10.) WHAT IS MINGUA?

COMPLETION: 11.) MOST OF THE FENG SHUI ADVICE IS BASED ON THE FLOW OF...

(OVER)

12-) WHICH EXAMPLE OF FENG SHUI ADVICE IS THE MOST ODD TO YOU ? (pg. 18 ^{1ST col. 2ND col.} BOTTOM, TOP BLACK DOTS)

13-) WHAT DEFLECTS NEGATIVE CHI?

14-) WHAT ATTRACTS POSITIVE CHI?

15-) WHAT IS TUN FU?

HAKEI J

FOLLOWING FENG SHUI CAN BE A TEDIOUS PROCESS RESULTING IN ...

restrictions on how to landscape, build, and decorate. The rules and techniques vary from school to school and from source to source. Using feng shui can be difficult if one wishes to calculate for more than one person living in the same house. It would be tempting to pay money for an expert because of the complex and often confusing minutiae of feng shui.

There are deeper reasons to question the use of feng shui: First, feng shui is based on a worldview steeped in beliefs of luck, destiny, the chi, and in divinatory tools such as the I Ching. For some people, such a system would be rejected as superstition or nonsense; for others, it might be appealing. At the very least, however, it seems burdensome, to be limited by the idea that one area of the house is one's "lucky" spot. It seems oppressive to follow a myriad of rules on where to put mirrors, how many chairs to have, what direction the bed should face, or how to fix areas where the chi is supposedly blocked or stagnant. If one were to believe a certain area was a place of smooth flowing chi, for example, would not he (or she) interpret good things in that area as a result of good chi? Does he really want to believe a tank with goldfish will bring in money?⁹⁹ What will he do if his parents' graves end up in locations with bad feng shui? The mind is very suggestible, and feng shui seems a perfect system to put one in psychological bondage to the design and décor of one's home.

Second, there is the question of the chi. What is it, exactly? Where did it come from and who is directing it?

How does a straight sidewalk to one's front door attract negative chi and allow for possible disaster? One practitioner advises that since the back door represents "indirect opportunities," it would be good to have large glass doors there, which will "invite the qi to bring peace and harmony into your home — and then allow it to leave as it pleases."¹⁰⁰ How can a force bring peace and harmony? How can a force "leave as it pleases"? This implies a mind with a will. Does chi think? How does a force *choose* to leave? Chi would have to have (or be) a mind if it can prefer to leave rather than stay, but then it wouldn't be merely a force. Chi is either a figment of legend and imagination, or a force with unknown attributes that can't choose anything, or a living entity with a will that can bring you luck or disaster. One should ponder whether he or she can be comfortable with any of these options becoming the center of his or her hope for life, health, and peace.

CHRISTIAN RESPONSE

The worldview behind feng shui is at odds with the belief in a sovereign God. There is no force called luck in the Christian worldview. To believe in luck is to believe one is favored or not favored by benevolent and/or malevolent forces or gods (which, biblically, do not exist), rather than trusting the sovereign God who "causes all things to work together for good...to those who are called according to His purpose" (Rom. 8:28 NASB).

Principles of the I Ching, a divinatory tool, are used in

it is entirely inconsistent with Christianity to believe that harmony and balance result from the manipulation and channeling of nonphysical forces or energies, or that such can be done by means of the proper placement of physical objects.

feng shui. Feng shui itself is a form of divination based on Taoist philosophy. Divination, however, is strongly forbidden in Deuteronomy 18:10-12 and other passages such as 2 Kings 17:17; 21:6; and Acts 16:16-18 (some translations may use the term "soothsaying" instead of "divination").

Feng shui operates entirely on the principles of chi and balancing yin and yang energies. To accept chi, one must ignore the personal Christian God and instead trust an impersonal force, but there is no biblical evidence for an impersonal life force permeating the universe. To seek harmony through a balance of yin and yang energies, moreover, is at odds with trusting Christ, and with the peace we have through Christ. It is entirely inconsistent with Christianity to believe that harmony and balance result from the manipulation and channeling of nonphysical forces or energies, or that such can be done by means of the proper placement of physical objects. Such techniques, in fact, belong to the world of sorcery.

Nonbiblical, New Age ideas are also found in some feng shui recommendations. One author, for example, gives instructions for meeting "the Spirit of your home," which could be a person, an animal, a voice, or a mere presence.⁷¹ One can also chant the Hindu sacred sound of "Om" and visualize its symbol in order to implant the symbol's energy into the atmosphere.⁷² Another practitioner recommends

clearing the space in your home through a ritual involving physical cleaning, a purification ceremony, invoking positive energy, and preserving the clean energy through the placement of a quartz crystal.⁷³

Some feng shui advice can result in beautiful surroundings, but one can design a pleasing environment without using feng shui at all. One need only rely on common sense, personal likes and dislikes, and artistic sensibilities.

Consider what feng shui expert Lillian Too said about her visit to a Buddhist monastery in Nepal: "Below us is the sprawling valley that makes up the 'bright hall', where auspicious and favourable chi settles and accumulates before making its way up the meandering road to the monastery."⁷⁴ If this monastery is without the light of Christ, however, what good is the "favorable chi"? Christians have something much better to offer the world than a method for manipulating supposed impersonal forces to bring harmony and peace. They have a personal Savior, Jesus Christ, who gives a perfect and permanent peace totally unlike anything that can be offered or found in this world (John 14:27).

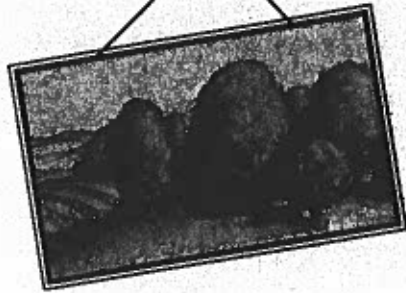
Prior to trusting Christ in late 1990, Marcia Montenegro was a professional astrologer for eight years and involved in other occult practices for many years. She now has a ministry called CANA (Christian Answers for the New Age). She lives with her son in Arlington, Virginia.

CIV.⁹ CHINA, FENG SHUI PART 3 pg. 19, 20 (30 pts.)

ANSWER WITH COMPLETE SENTENCES A SEPARATE SHEET OF LINED PAPER.

- 1.) WHAT MAKES FENG SHUI DIFFICULT AND EXPENSIVE?
- 2.) UPON WHAT IS FENG SHUI BASED?
- 3-4.) IN WHAT WAYS WOULD FENG SHUI BE BURDENSOME?
- 5-6-7.) WHAT ARE SOME OF THE QUESTIONS SURROUNDING CHI? (6)
- 8.) WHAT IS NOT IN A CHRISTIAN WORLDVIEW?
- 9.) COMPLETION: TRUSTING THE SOVEREIGN GOD WITH...
- 10.) WHAT IS FENG SHUI?
- 11.) WHAT BIBLE PASSAGES PROHIBIT DIVINATION?
DEFINE: DIVINATION
- 12.) WHAT TECHNIQUES OF FENG SHUI BELONG TO SORCERY? DEFINE: SORCERY
- 13.) WHAT IS THE HINDU SACRED SOUND?
- 14.) WHAT DOES THE BUDDHIST MONASTERY IN NEPAL NEED THE MOST?
- 15.) SCRIBE: JOHN 14:27

SYNOPSIS



Is the increasingly popular decorating philosophy called *feng shui* just another way to bring beauty to your home or office? Behind the seemingly harmless facade of intricate and detailed decorating advice is a spiritual belief system based on the concepts of a universal force called *chi*, the opposing but complementary yin and yang, and the interaction of the five elements — earth, water, fire, metal, and wood. Feng shui is a system in which one uses tools of divination and complex formulas and calculations to determine how to control the flow of *chi* outside or inside a home or office. Harmony, balance, and peace are achieved mainly through the proper placement of objects in one's physical environment. Feng shui uses occult practices to identify lucky and unlucky areas of a home and to determine how to keep bad *chi* at bay while attracting good *chi*. Adherents of *feng shui* believe invisible, magical forces are tamed through occult forms of divination. Its worldview is antithetical to the biblical worldview of a supernatural, sovereign, personal God.

CIV.⁹: CHINA, FENG SHUI SYNOPSIS (20pts.)

ANSWER WITH COMPLETE SENTENCES ON A SEPARATE SHEET OF LINED PAPER.

- 1.) BEHIND WHAT NON-THREATENING CLAIM IS FENG SHUI GAINING ACCESS TO THE AMERICAN PUBLIC?
- 2.) UPON WHAT THREE PRINCIPLES IS THE SPIRITUAL BELIEF SYSTEM OF FENG SHUI BUILT?
- 3.) WHAT ARE THE TOOLS OF FENG SHUI? WHAT ARE THESE TOOLS USED TO CONTROL?
- 4.) IN FENG SHUI, HOW IS HARMONY, BALANCE AND PEACE ACHIEVED?
- 5.) WHY DOES FENG SHUI USE OCCULT PRACTICES?
- 6.) WHAT IS TAMED BY FENG SHUI'S USE OF DIVINATION?
- 7.) DEFINE: SYNOPSIS-
- 8-10) SCRIBE: DEUTERONOMY 18:10-14

HOUSE TO HOME

Making small changes to your home can improve your mood and productivity

key element of feng shui. "I can offer two real practical examples," Cibik says. "First of all, think of the number of chairs around the dining room table. Are there enough for everyone in the family? If not, how is that symbolic of how you think of the family?"

"Another one is looking at the art in the home. If the pictures on the walls are of rainy days, and the people who live there love to spend time in the sun, are they really reflected in the symbols of the home?"

Making small changes to your space may improve your mood and productivity. As the introduction to a three-part series on feng shui, here are a few basic tips

to consider.

WATER REPRESENTS YOUR WEALTH AND HEALTH

Several stores sell the little feng shui water fountains because water symbolizes wealth and health. "In ancient times, if you didn't have water, you died," Cibik says. "That's why it became associated with wealth."

Also, the sound of water falling is natural. A major difference between contemporary times and ancient Chinese culture is the connection with nature. We isolate ourselves in buildings most of the day.

In fact, it's best to bring as much nature indoors as possible: fresh

Although the ideals of feng shui are rooted in ancient Chinese traditions, they're also simply common sense. "Feng shui" means wind and water, and the idea behind the art is that one influences the other.

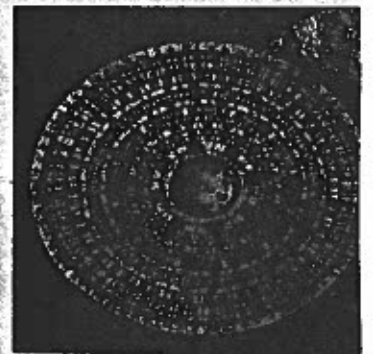
"Water can influence the wind, and wind can influence the water," says LuAnn Cibik, the owner of Inner Harmony, a Gilpin-based company, and a feng shui consultant for the past ten years. "It symbolizes

how you interact with your environment. You can change your environment, and your environment can change you.

"Any time things in your life are not going as smoothly as you think they should be, or there are big road blocks in your way, that's a time to pay attention to feng shui. The arrangement of your space can be something that is blocking you from moving forward."

Symbolism in your home is a

Shui



Feng shui co

our space may ductivity.

flowers, plants, rocks, seashells, candles, essential oils, etc. If you own or decide to purchase a feng shui fountain, keep the symbolism of the object in mind. Be sure that the water is not flowing away from you.

EMPOWER YOURSELF WITH COMMAND POSITION

Historically, it was necessary to build homes so it was possible to see in the distance if enemies were approaching. This is basically command position, although it's looked at slightly differently in contemporary homes.

In any room, having command position means being able to see the entrance to the room and feeling like your

back is protected.

"Use this to position your desk in the office, your bed in the bedroom or in any room that you spend time in," Cibik says. "In a kitchen, this means the cook behind the stove should not have their back to a door. If you can't change the position, use mirrors to see what's coming behind you and to reflect the energy."

Feng shui suggests energy is flowing throughout your home. The energy flows through the doorway into the room, and you want to face that energy and welcome it.

ORGANIZE YOUR LIFE

The advantages to organizing your life are obvious. You want to pay bills on time and be able to find things. But in addition to the practical benefits of organization, there are symbolic ones as well.

For instance, consider the area where you pay your bills and calculate the family's money. Are the bills kept in an

orderly manner, or are they heaped in a pile?"

"Clear clutter from this area to allow finance to flow smoothly," Cibik says.

In general, clutter blocks fresh energy from moving into your home and your life. Corners, surfaces, and other areas should be free from clutter, so positive energy can move throughout your home.

Two areas that often accumulate clutter are around the front door and in the bedroom.

"The front door is the main portal for chi to enter the home," Cibik says. "It should always be clear of shoes, backpacks, and other objects. Also, the bedroom is a place where we often hide our mess, but this is where we rejuvenate our bodies with sleep, so it should be clear."

COLORS INFLUENCE YOUR MOOD

As humans, we value abundance, and in feng shui, abundance is symbolized by the colors green and purple. If they're not major colors

in your home décor, consider adding a few pillows, blankets or other items to tie the colors in.

Other colors are symbolic as well, but generally speaking there's one rule when choosing colors for your home.

"It should be one they can actually see in nature," Cibik says. "It shouldn't be an artificially created color. The more you surround yourself with colors that occur in nature, the more balanced the environment will feel."

KEEP THINGS FULL

It's the classic glass half full or half empty scenario. Any containers in your home that can be seen — canisters of pasta or bottles of oil in your kitchen, baskets of magazines or potpourri in the living room — should be replenished and full at all times. If the containers are not full, put them out of view in a cupboard or pantry.

"Kitchens are very symbolic of wealth in the home, so be very aware of the symbolism of half empty in this area," Cibik says.



Clutter blocks positive energy. Only display items that you like or need to have out.

photos by Steven Diaz

CHINA: FENG SHUI IN THE VALLEY NEWS (26 pts)

Answer w/ complete sentences on a separate sheet of lined paper.

1.) WHO IS LU ANN CIBIK?

2.) WHAT IS DIVINATION?

3.) WHAT MAY BE BLOCKING YOU FROM MOVING FORWARD?

4.) WHAT IS A KEY ELEMENT OF FENG SHUI?

5.) WHAT DOES WATER SYMBOLIZE?

6.) WHAT PRECAUTION MUST YOU MAKE W/ A FENG SHUI FOUNTAIN?

7.) WHAT IS THE COMMAND POSITION IN ANY ROOM?

8.) WHY INSTALL MIRRORS IN A ROOM?

9.) WHY SHOULD SOMEONE FACE THE DOORWAY INTO A ROOM?

10.) WHY KEEP THE AREA ~~FOR~~ CALCULATING THE FAMILY'S MONEY FREE F/ CUTTER?

11.) WHY IS THE FRONT DOOR OF A HOME IMPORTANT?
THE BEDROOM?

(over)

12.) WHAT SYMBOLIZES ABUNDANCE IN THE HOME?

13.) WHY KEEP CONTAINERS FULL IN THE KITCHEN?



CHU TAI CHI

(Formerly Tai Chi Chuan Center of NY)
Established 1973

Master C.K.Chu, Director

TAI CHI CHUAN is a unique system of health and self-defense that originated in China nearly 1,000 years ago. It is one of the treasures of Chinese culture. Derived from philosophy of Taoism, the exercises were designed to develop the optimum degree of internal harmony (between body and mind), and external harmony (between the individual and the Tao, or natural order of the Universe). Originally the art was taught only to family members. Today it is practiced by both young and old in China and throughout the world.

HEALTH. Tai Chi helps cultivate chi (or qi) – the intrinsic energy or life force of the body. The cultivation of chi revitalizes the internal organs and all biological systems. Acupuncture therapy is based on the flow of chi. In addition, practice of Tai Chi develops flexibility and strengthens joints and muscles.

A meditation in motion, Tai Chi promotes the integration of body, mind and spirit. As a result, the student will find that he or she is better able to deal with stress.

SELF-DEFENSE. Tai Chi Chuan theory is the most sophisticated of all the martial arts. Its spirit is non-aggressive, yet in full-contact competition it is more effective than the better known "hard" styles. This is because its source of strength lies in the development of internal power rather than muscular strength. The student absorbs the concept of how only four ounces of strength is needed to deal with an opposing force of 1,000 pounds.

From whatever perspective one approaches Tai Chi Chuan, anyone who studies the art seriously can expect to benefit greatly – even in unexpected ways. Eventually it should become a peaceful, graceful and creative path.

training

Within Tai Chi, there are three basic steps to proficiency :

I. The Short and Long Form, Yang style. A seemingly effortless, slow moving solo exercise with proper breathing. It takes approximately six months (at two sessions a week) to learn the complete sequence of short form postures.

II. Push-Hands. This is a two-person exercise unique to Tai Chi. Overall emphasis is on body flexibility and spontaneity. Specific techniques are sticking — the ability to maintain light contact with an opponent; listening — the ability to sense the magnitude and direction of an opponent's force; yielding — responding to an opponent's force partially by giving way, and partially by controlling or guiding its direction. Fixed stance, and stepping push-hands classes are available for more advanced students.

III. Applications. The third stage of training is developed from push-hands and is the practical application of Tai Chi techniques and theory in sparring. Students learn how to utilize yielding, sticking, centering and chi power in combat situations. The basic principle involved is, again, that only four ounces of strength is needed in dealing with 1,000 lb. of an opposing force.

nei kung

There is a saying in China that if you pursue the Chuan (fighting technique) without practicing (Nei) Kung, when you reach old age you will not have anything to show for your efforts. This statement reflects the importance tradition has placed on the study of Nei Kung in conjunction with Tai Chi Chuan. In order to attain a high level of ability in Tai Chi, one must know Nei Kung and practice it diligently

Nei Kung is the internal form of Chi Kung (or Qi Gong). While external styles of chi kung attempt to "pump" chi into the body, Nei Kung postures align the body in a specific manner so as to create a chi vacuum that permits the body to absorb chi more naturally. In addition, Nei Kung rejuvenates the body's biological systems and gives the practitioner new energy. Nei Kung training requires the student to execute the postures with slow relaxed breathing, while paying close attention to specific principles of body alignment.

Although Nei Kung is known throughout China, few have had the opportunity to learn the art. Until recently, its techniques have been handed down by oral tradition, and then only to a select few. Master Chu's book, *The Book of Nei Kung*, marks the first time the art has been made available to the general public.

catalog of study

- Tai Chi Short Form (Beginning, Advanced)
- Tai Chi Form Improvement
- Tai Chi Long Form (Complete 108 classical movements)
- Nei Kung (Beginning, Advanced)
- Push Hands (Fixed Stance, Stepping)
- Ta Lu (Four-Corner Technique)
- Apprenticeship Teaching
- Application of Push-Hands & Ta Lu
- Tai Chi Fighting Techniques
- Street Fighting (Beginning, Advanced)
- Full Contact Sparring
- Weapon Forms: Sword; Stick; Knife; Flute
- Weapon Dueling
- Taoist Meditation (Beginning, Intermediate, Advanced)
- Taoism Lectures: Tai Chi Classics, Tao Te Ching, Taoism Seminar
- Certificate Training Program

general information

Chu Tai Chi is under the direction of Master C. K. Chu, who was born in China in 1937 and has studied Tai Chi since the age of 14 with several well-known masters. He has taught the art for over 30 years at various martial arts schools, and has demonstrated Tai Chi and Nei Kung on network and cable TV. He holds an M.A. in Physics, which he has taught on the university level. His scientific background enables him to correctly apply the principles of Tai Chi and to explain the Tao in Western scientific and philosophical concepts. Master Chu is the author of *Tai Chi Chuan Principles and Practice*, and *The Book of Nei Kung*. His instructional video, *Chu Tai Chi*, has recently become available. A book on meditation is forthcoming.

SUBWAY DIRECTIONS. Take any train to Times Square, 42nd Street and Sixth Avenue, or Port Authority.

For further information, please call 212-221-6110 or visit our website at

CHINA RISING, CHU TAI CHI

(50pts)

Answer w/ complete sentences on a separate sheet of lined paper.

NOODLE
NOTES

1.) COMPLETION: EXAMINE EVERYTHING...

2.) WHAT IS TAI CHI CHUAN? WHERE² & WHEN WAS ITS ORIGIN?

3-4.) WHAT ARE THE TAI CHI EXERCISES² DESIGNED TO DEVELOP?

5.) WHAT IS TAO

6.) WHAT IS CHI/qi?

7.) COMPLETION: TAI CHI CULTIVATES CHI AND REVITALIZES...

8.) WHAT IS THE BASIS OF ACUPUNCTURE?

9.) WHAT ARE THE PHYSICAL BENEFITS OF TAI CHI?

10.) COMPLETION: TAI CHI IS DESCRIBED AS "A MEDITATION IN MOTION AND PROMOTES THE INTEGRATION OF..."

11.) WHY IS TAI CHI CHUAN DESCRIBED AS A "SOFT" STYLE OF THE MARTIAL ARTS?

12.) WHAT IS THE YANG STYLE IN TAI CHI? WHAT IS YANG?

13.) WHAT IS STICKING? LISTENING? YIELDING? SPARRING?
(over)

14.) WHAT IS THE BASIC PRINCIPLE OF TAI CHI?

15.) WHAT IS CHUAN? WHAT DOES CHI KUNG ATTEMPT TO DO?

16.) WHAT DO NEI KUNG POSTURES DO?

17.) WHAT ARE THE PHYSICAL BENEFITS OF NEI KUNG?

18.) WHAT ARE THE REQUIREMENTS OF NEI KUNG TRAINING?

19.) WHAT ARE THE TOPICS OF TAOISM LECTURES?

20.) WHAT IS MASTER CHU'S SCIENTIFIC BACKGROUND?

21-25.) WHAT DO YOU THINK? CAN CHRISTIANS PARTICIPATE IN TAI CHI? WHY? OR WHY NOT?

↑ 10pts. ↑ 50 WORD MINIMUM

INU diti!

(RIGHT KUN) OF (IMMIGRATION)

WASHINGTON

Dateline D.C. reported a few weeks ago that the FBI had provided evidence before Congress of massive Chinese espionage in the United States. Since then, bureau officials, on condition of anonymity, have told us more about their problems and how they intend to solve them.

A "red alert," — no pun intended — has been sent to all the technology companies that are now known to be the targets of Chinese agents. Corporate executives have been asked to review their internal security and have been briefed on possible ways to identify Chinese Secret Intelligence Service officers.

A great deal of the FBI's information comes from the highest ranking Chinese defector to arrive in Washington — Xu Junping, director of strategy in Beijing's Defense Ministry. Xu claims that for five years he oversaw all operations by the CSIS against the U.S. and set up the business plans for the more than 3,000 Chinese companies launched to operate across our country.

Today, Xu meets routinely with the FBI and the CIA. He often urges them to explain to other officials that President Bush should give China's top leaders a serious warning, espionage is "very serious business" and every day it continues, it brings a major confrontation nearer. An analyst in the Defense Intelligence Agency told a colleague that during the past three years, the Chinese had stolen \$24 billion of secrets, and that many of these items enabled Beijing to accelerate its space program. And, the result is that there will be a manned Chinese space flight within the next few days.

The FBI also is following up on a number of investigative leads, such as who is funding individual Chinese students and which students, after graduation, seek employment with a high-tech company.

Timid excuses

What concerns espionage experts the most is the reluctance of so many highly placed officials to take action. There are always the same excuses: trade, our economy, "we don't really know what is happening in China" and "China is our friend." Of course the Chinese make full use of these comments in their press releases which challenge every fact established by the FBI.

Naturally, the Chinese rebut each and every allegation — but they protest too much and strengthen the case against them. For example, according to the Chinese Consulate in New York, there are only 681 Chinese companies registered in the United States, but 50,000 students enrolled in colleges. Zhou Jikun of the Chinese Student Federation went on to claim that "those who remain to work add up to around 200,000 people."

China's growth and its move toward a market-oriented economy has affected its agriculture and labor market, its way of handling human re-

They earn a trifle more than they would have got in their home village — if they had found work there — but less than those of permanent city workers; many of them send at least half of their wages home each payday.

This surplus work force will be as large as 200 million by 2005, and probably double that in another five years. There won't be enough jobs in China, so they will want to emigrate. A primary target will be the United States.

Projections by Texas A&M have it that as many as 400,000 to 900,000 illegal Chinese will be attempting entry into the U.S. by 2005. They will come from many directions, notably Mexico and Canada, where there are already major Chinese communities; and by sea, smuggled in container ships. Now, we begin to know why the FBI guys shudder.

Cultural revolution

This expected influx of Chinese could bring about a cultural revolution which will quickly turn the American dream into a nightmare.

The Chinese are intensely nationalistic. Already they are insisting that foreign countries should not recognize Tibet, Hong Kong or Taiwan as a place of birth on a passport. Those who were born in those three locations are being required to visit a Chinese Embassy, hand in their passports and declare their place of birth as China.

This nationalism often takes the form of intense dislike for foreigners, particularly the Japanese. The Chinese remember September as the month in 1931 when they were attacked by the Japanese. In an attempt to placate the Chinese the courts in Japan have made major awards to those who are still being maimed by munitions left behind after Japan's defeat in 1945.

But it is not only America that is at risk from China. The latest census from Russia shows that its Chinese population has grown to over 1 million. In Africa, the Chinese have established communities from the South to the North, while Latin America shares the same story. Vancouver in Canada has become a Chinese staging post and in Paris, major sections of the city have become home to the Chinese. It is time to ask whether Chinese overpopulation will become the "Plague of the 21st Century," and while we are awaiting a response, it is



CHINA: THE RIGHT KIND OF IMMIGRATION

(20 pts.)

- 1.) DEFINE: ESPIONAGE-
ANONYMITY-
PUN-
- 2.) WHO IS XU JUNPING?
- 3.) WHY INVESTIGATE THE FUNDING OF CHINESE STUDENTS AND THEIR EMPLOYMENT CHOICE AFTER GRADUATION?
- 4.) HOW MANY CHINESE STUDENT REMAIN TO WORK IN AMERICA? (
- 5.) HOW MANY ILLEGAL CHINESE WILL BE ATTEMPTING ENTRY INTO THE U.S. BY 2005
- 6.) FROM WHAT DIRECTIONS WILL THE ILLEGAL CHINESE COME?
- 7.) WHAT FOREIGNER IN PARTICULAR DO THE CHINESE DISLIKE?
- 8.) WHY DO THE CHINESE DISLIKE THE JAPANESE SO MUCH?
- 9.) INTO WHAT DOMINANT CIVILIZATIONS HAVE THE CHINESE IMMIGRATED?
- 10.) WHAT MAY BECOME THE "PLAGUE OF THE 21ST CENTURY"?